



Canadian Mental
Health Association
Alberta Southeast Region
Mental health for all

Hope & Healing After Suicide Support Group

~You are not alone.

Let's talk about it.~

Losing a loved one to suicide can often leave us feeling confused, angry and alone.

This 9-week support group will provide you with an opportunity to explore and share your feelings with others who have also experienced a loss due to suicide.



Next session: Fall 2019 (dates TBA)

6:30pm - 8:30pm every Tuesday

At Canadian Mental Health Association

#204 – 1865 Dunmore Rd. SE

Facilitators:

**Erin Reeder, BA Psyc., Suicide Prevention Program Coordinator, CMHA
Angela Irvine, Ph.D., Registered Provisional Psychologist**

To register, please contact:

Erin at (403) 504-1811 ext. 103 or ereeder@cmha-aser.ca

Registration Fee: \$15.00